Santa Ana Unified School District

ATHLETICS MEDICAL SCREENING FORM

Last Name:_____ First: _____ DOB:_____ Gender (circle one) Male / Female

Student ID #_____ Grade:_____ Sport(s): _____

HEALTH HISTORY : TO BE COMPLETED BY STUDENT-ATHLETE AND PARENT PRIOR TO MEDICAL SCREENING EVALUATION.

Head injury, concussion, loss of memory, unconsciousness, persistent headaches	❒ Yes	❒ No
Bone/joint disorders (broken bones, dislocations, swelling, disease, surgery, arthritis)	❒ Yes	❒ No
Anemia, leukemia, bleeding disorders	❒ Yes	❒ No
Kidney/bladder problems	❒ Yes	❒ No
Eye problems	❒ Yes	❒ No
Ulcers, stomach trouble	❒ Yes	❒ No
Heart trouble, heart murmur, high blood pressure, rheumatic fever	❒ Yes	❒ No
Asthma, tuberculosis, bronchitis	❒ Yes	❒ No
Ulcers, stomach trouble	❒ Yes	❒ No
Allergies (Foods, medicines, insects, etc.)	❒ Yes	❒ No
Seizures, dizzy spells, fainting or convulsions	❒ Yes	❒ No
Diabetes, hepatitis, jaundice	❒ Yes	❒ No
Hernia	❒ Yes	❒ No
Taking medication regularly (If yes, please list medication, dose, and frequency below)	❒ Yes	❒ No
COVID-19 (If yes please complete second page)	❒ Yes	❒ No
If yes, please provide details:		

MEDICAL SCREENING EVALUATION: MUST BE COMPLETED BY YOUR PHYSICIAN AND DATED AFTER MAY 1ST OF THE CURRENT SCHOOL YEAR.

❒ CLEARED FOR FULL PARTICIPATION	❒ NOT CLEARED FOR PARTICIPATION: SPECIALIST CLEARANCE/FOLLOW UP REQUIRED
MD RECOMMENDATIONS OR RESTRICTIONS:	

BP	HR	HT	WT	EYE CHART: R L	GLASSES/CONTACTS	BRACES/TEETH
HEENT	HEART	LUNGS	ABDOMEN	HERNIA	BACK	EXTREMITIES

MD PHONE NUMBER ( )	MD PRINT NAME	MD STAMP
DATE	MD SIGNATURE	

PARENT CONSENT, ACKNOWLEDGEMENT, AND SIGNATURE

CONSENT: By signing below, I hereby give my permission for a screening evaluation.

ACKNOWLEDGEMENT: I hereby give my consent for [above named student], hereafter named student, to compete in athletics. I authorize the student to go with and be supervised by a representative of the school on any trips. In case this student becomes ill or is injured, you are authorized to have the student treated and I authorized the medical agency to render treatment. I consent to any x-ray examination, anesthetic, medical, or surgical diagnosis or treatment and hospital care which is deemed advisable by, and is to be rendered under, the general or special supervision of any physician and surgeon licensed under the provisions of the Medical Practice Act on the medical staff of any accredited hospital, whether such diagnosis or treatment is rendered at the office of said physician or said hospital it is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required, but is given to provide authority and power on the part of the school representative to give specific consent to any and all such diagnosis, treatment or hospital care which the aforementioned physician in the exercise of his/her best judgment may deem advisable. This authorization shall remain effective until the end of the school year unless sooner revoked in writing and delivered to the school.

Parent Signature_____ Date _____

Santa Ana Unified School District

Post COVID-19 Athletic Clearance

Santa Ana Unified School district requires that any student-athlete who tests positive for COVID-19, shall not return to sports activities until this form is completed by a licensed healthcare provider(M.D., D.O., P.A., Nurse Practitioner).

Athlete's Name: _____ DOB: _____ School:_____
Student ID#:_____ Date of Positive Test:_____

THIS RETURN TO PLAY IS BASED ON TODAY'S EVALUATION

Date of Evaluation: _____

Criteria to return (Please check below as applies)

- ❑ 10 days have passed since symptoms first appeared and symptoms have resolved (No fever (≥100.4F) for 24 hours without fever reducing medication improvement of symptoms (cough, shortness of breath) OR was asymptomatic for 10 days following positive test
- ❑ Athlete was not hospitalized due to COVID-19 infection.
- ❑ Cardiac screen negative for myocarditis/myocardial ischemia

  Chest pain/tightness with exercise YES ❑ NO ❑
  Unexplained Syncope/near syncope YES ❑ NO ❑
  Unexplained/excessive dyspnea/fatigue w/exertion YES ❑ NO ❑
  New palpitations YES ❑ NO ❑
  Heart murmur on exam YES ❑ NO ❑

- ❑ Student is medically cleared to participate in athletics without restrictions
- ❑ Student is medically cleared to participate in athletics with the following restrictions:_____
  _____
  _____
- ❑ Student is NOT Cleared to participate in athletics. Follow up with a cardiologist is required.

Examiner's Signature:_____ **Office Stamp**

Examiner's Name Printed:_____

Date:_____